

FAMILY COLLABORATION AGREEMENT

A Shared Blueprint for Growth, Autonomy, and Accountability

This agreement is anchored in Esther Wojcicki's **T.R.I.C.K.** framework: **T**rust ourselves and each other; **R**espect individual autonomy; **I**ndependently own our actions; **C**ollaboratively solve problems; and lead with **K**indness when agreements are tested.

1. OUR COLLABORATIVE FAMILY CORE VALUES

What are the mutual expectations we hold for our household environment? (e.g., peace, mutual support, shared effort)

2. COLLABORATIVE RESPONSIBILITY & CHORE OWNERSHIP

Co-negotiated responsibilities. "Definition of Done" ensures clarity, preventing arbitrary criticisms later.

FAMILY MEMBER	AGREED TASK / CHORE	WEEKLY DEADLINE	DEFINITION OF "DONE"

3. SHIFTING TO INDEPENDENCE: LOGICAL CONSEQUENCES

Instead of parental nagging or arbitrary punishments, we step back and let natural or pre-agreed logical consequences provide the real-world teaching moments.

IF THE AGREED DEADLINE IS MISSED...	THE LOGICAL/NATURAL CONSEQUENCE THAT FOLLOWS IS...
<i>Example: Personal laundry is not done by Sunday night.</i>	<i>Uniform/clothing is worn unwashed; parents do not swoop in to clean it.</i>

4. THE KINDNESS & ACCOUNTABILITY CHECK-IN PROTOCOL

When an agreement breaks down, we agree to bypass shouting or lecturing. Instead, we commit to the following steps:

- **Pause before reacting:** Parents will state the broken contract term neutrally rather than criticizing character.
- **The Accountability Question:** *"We agreed to this deadline. What happened on your end, and how do we resolve the contract?"*
- **Contract Adjustment:** If a deadline or chore proves consistently unrealistic, we return to the table to renegotiate collaboratively.

Teenager / Child Signature

Date: ____ / ____ / ____

Parent / Guardian Signature

Date: ____ / ____ / ____

"The best way to teach kids is to trust them — and then get out of their way." — Esther Wojcicki